



FROM YOUR STORMONTH SCHOOL COUNSELORS,

*Welcome Back!*

## **Hello Parents/Guardians!**

We hope that your student(s) had a very successful first week of school! We are Stormonth's two School Counselors and we are looking forward to supporting your students socially and emotionally this school year. We wanted to reach out at the beginning of the year to give a little reminder about our role as School Counselors and also some beginning of the year updates!

This school year, we will be teaching SEL (Social Emotional Learning) lessons in your student's classroom two times a month. These lessons will be developmentally appropriate for your student's grade level and will cover topics such as identifying and managing our emotions, learning about parts of our identity, celebrating diversity, friendship, problem solving, bullying, and more.

In addition to SEL lessons, we are also available for individual counseling for students and small groups counseling for needs such as: friendship/social skills, grief, changing families, and more. Finally, should you have any interest in learning more about the mental health and wellness resources offered at our school, we are happy to touch base with you to explain more.

Lastly, we wanted to take this time to provide you with some updates as we head into the school year! Amanda Burns is Stormonth's full-time counselor who is here all week, Mondays-Fridays. Gregg Neuburg splits his time between Stormonth and Bayside Middle School and is typically here at Stormonth three days a week. Amanda Burns is expecting a baby this November, so when she is out for maternity leave starting around November, Gregg Neuburg will be at Stormonth full time until she returns around February. Both of us will be working closely with each other to ensure that the transition when Mrs. Burns leaves to have her baby is as smooth as possible for the students. We are very fortunate that Mr. Neuburg is already such an established part of the Stormonth Community and that he will be able to be here full time while Mrs. Burns is out!

We are both so excited to support your students again this school year! If you have any questions, please don't hesitate to reach out to either of us. Amanda Burns can be reached at [aburns@foxbay.org](mailto:aburns@foxbay.org) and Gregg Neuburg can be reached at [gneuburg@foxbay.org](mailto:gneuburg@foxbay.org).



Sincerely,  
*Amanda Burns + Gregg Neuburg*

